

TRAINING TO MEET YOUR NEEDS

All of our training is in-person and hands-on, but we also offer off-site customized training which is ideal for office staff or community groups. The three modules (First Aid, CPR, AED) can be taught together or separately. The following modules can also be taught separately or added to any course: Asthma Inhaler, Epinephrine Auto Injector, and Tourniquet Application. Work with us to find a time, location, and price that is best for your group.

To inquire about our customized training, contact our program coordinator.



Coordinator Contact

Michael Scully

Associate Prof., Non-Credit Culinary Arts

808-455-0568

mscully@hawaii.edu

**Office of Continuing Education
& Workforce Development**

808-455-0477 | OCEWD.ORG

UNIVERSITY of HAWAII*
LEEWARD
COMMUNITY COLLEGE

LEEWARD COMMUNITY COLLEGE
WORKFORCE DEVELOPMENT



FIRST AID CPR & AED

ocewd.org/CPRtraining



**American
Red Cross**

*Proud Provider of American Red Cross
First Aid, CPR and AED Training*

be ready when
you're needed.



LEEWARD COMMUNITY COLLEGE

OCEWD

*Leeward Community College is an EEO/AA institution.
Pricing and other details are subject to change without prior notice.*

American Red Cross First Aid/CPR/AED

(HLTH5011) (HLTH5012 - hybrid/online version)

Course Hours: 5.5

Cost: \$95 (per person at Leeward campus)

\$750 (flat group rate, on-location)

Get certified through our American Red Cross training course and be ready to respond when there's an emergency. This OSHA compliant and affordable class provides expert training for participants, teaching the skills needed to respond appropriately to cardiac, breathing, and first aid emergencies. This course is made up of three modules: First Aid, CPR, and AED. The CPR and AED modules cover adult, child, and infant emergencies.

Visit our website for class schedules and details:

ocewd.org/CPRtraining

BE READY TO REACT



- Activate and work with the Emergency Medical Services (EMS) system
- Check a person who is responsive for life-threatening and non-life-threatening conditions
- Check an injured or ill person who is unresponsive
- Recognize signs and symptoms and apply the appropriate first aid for a variety of situations
- Properly administer CPR and use of AED when needed
- Reduce risk of disease transmission when giving care

EVERY 43 SECONDS

someone in this country dies from heart disease, stroke or another cardiovascular disease*

43
SECONDS



FIRST AID

First Aid is designed to help non-medical professionals provide assistance in times of crisis for a wide range of conditions, including: asthma emergencies, burns, choking, diabetic emergencies, external bleeding, environmental emergencies, heart attack, poisoning, stroke, seizure, and more.



CPR

Cardiopulmonary Resuscitation (CPR) certification takes just a few short hours, but can help you add years to someone's life. Learn the steps to react to a medical emergency and properly perform CPR on adults, children, and infants. Gain access to Red Cross online resources even after training, so you don't forget these potentially life-saving skills.



AED

Use of an **Automatic External Defibrillator (AED)** could literally save someone's life when even minutes count. With the average response time for first responders (after a 911 call) averaging 8-12 minutes, each minute that defibrillation is delayed the chance of survival reduces by approximately 10%.**

* https://www2.heart.org/site/SPageServer?pagename=donatenow_heart&s_src=pmxsem19&msckid=29536401cca71ac9bd74397b7746f284

** <https://www.redcross.org/take-a-class/aed/aed-training>